



## **Post operative information after Hysteroscopy, D&C Procedure under General Anaesthetic**

### ***What happens when I go home?***

- You may have some vaginal discharge. It may be pink, blood tinged or dark brown.
- You may have mild to moderate discomfort similar to menstrual cramps
- You may not drive a car, drink alcohol or make any major decisions for 24 hours.
- For the next 7 days you should not
  - Have intercourse
  - Use tampons (use pads instead)
  - Go swimming or use spa pools
  - Do any heavy lifting or sports such as jogging, aerobics, netball or go to the gym
- You may
  - Shower but not have baths
  - Return to work and most normal activities two days after your procedure as long as feel well enough

***Please contact your GP, surgeon or after hours Clinic after surgery if you experience any of the following:***

- Vaginal bleeding that is more than a normal period or if blood clots form
- Feeling unwell, fever and chills or any other signs of infection
- Pain or back aching that will not go away
- Offensive discharge